## What type of restraint should I use?

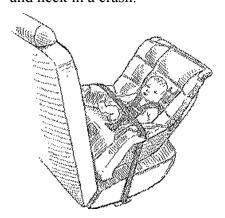
# DID YOU KNOW THAT NEARLY 90% OF CHILD SAFETY SEATS ARE MISUSED?

Proper Child Safety Seat Use Chart Buckle Everyone. Children Age 12 and Under in Back!			
	INFANTS	TODDLER	YOUNG CHILDREN
WEIGHT	Birth to at least 1 year and at least 20-22 lbs.	Over 1 year and Over 20 lbs40 lbs.	Over 40 lbs. up to 80 lbs.
TYPE of SEAT	Infant only or rear-facing convertible	Convertible / Forward-facing	Belt positioning booster seat
SEAT POSITION	Rear-facing only	Forward-facing	Forward-facing
ALWAYS MAKE SURE:	Children to one year and at least 20 lbs. in rearfacing position, in the back seat.  Harness straps at or below shoulder level	Harness straps should be at or above shoulders  Most convertible seats require top slot for forward-facing	Belt positioning booster seats must be used with both lap and shoulder belt.  Make sure the lap belt fits low and tight across the lap/upper thigh area and the shoulder belt fits snug crossing the chest and shoulder to avoid abdominal injuries
WARNING	All children age 12 and under should ride in the back seat	All children age 12 and under should ride in the back seat	All children age 12 and under should ride in the back seat

### Infants – up to one year old and 20 pounds

Infant only or rear-facing convertible car seat

Infants must ride rear-facing up to at least one year of age and at least 20-22 pounds to support the weak back and neck in a crash.



- Never position in front of an airbag.
- Use harness slots that are at or below shoulder level.
- If your baby reaches 20 pounds before one year of age, move to a larger seat that is crash tested up to 30-35 pounds rear-facing.
- Never add extra padding to harness or behind child's head or back.
- If your child safety seat has a carrying handle, always travel with the handle down.

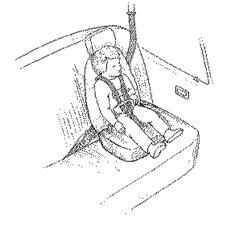
#### Toddlers – over age one and up to 40 pounds

Convertible or Combination/Booster car seat



At one year of age and at least 20 pounds, toddlers ride forward-facing in a convertible seat or forward-facing only seat, using the harness up to 40 pounds.

- Move convertible seat to upright position.
- Harness straps must be moved to top slot in convertible seat or at or above shoulder level in a forward-facing only seat.
- A five-point harness is recommended.



#### **ALWAYS REMEMBER – children up to 40 pounds**

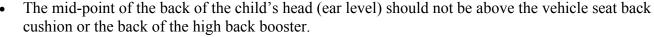
- Child safety seat harness must be flat and snug, with only 1 finger width of space between the child's collarbone and the harness.
- Harness chest clip must be positioned at armpit level and threaded to look the same on both sides.
- Vehicle safety belt must be routed through the appropriate seatbelt path and tightened so there is less than one-inch movement when child safety seat is pulled from side-to-side or front-to-back. Put your adult weight in the seat while tightening the seatbelt.
- The middle of the back seat is generally the safest place for a child who is in a child safety seat with a harness. Once a child outgrows the harness, he/she should be moved to a booster seat that is used with a lap and shoulder belt.
- Children under the age of 13 should always ride in the back seat if your vehicle has a passenger side air bag.
- Always read your vehicle owner's manual and child safety seat instructions.

#### Children - over 40 pounds

**Belt Positioning Booster Seat** 



- Children who are over 40 pounds should ride in a booster seat up to 80 pounds to allow the adult lap and shoulder belt to fit properly. The shoulder belt should cross the chest, resting snugly on the shoulder. Never place the shoulder belt behind the back or under the arm. The lap belt should rest low across the upper thighs never up high across the abdomen.
- Can only be used with the adult lap and shoulder belt. Never with a lap belt only.
- Always use a high-back vs. backless booster if your vehicle has no head restraints.



• A belt-positioning booster seat should be used until the child can sit with his/her back against the vehicle seat back cushion with knees bent over the seat cushion edge and feet on the floor, approximately 4'9".

